This super fun kindness catcher will provide ideas for being kind at your school.

- **Give a high five to congratulate someone**
- **Offer to help a classmate that is having trouble**
- **Ask someone how their day is going**
- **Invite someone new to sit with you at lunch**
- **Write a positive note to a classmate**
- **Support a classmate experiencing bullying**
- **Play with someone new during recess**
- **Support a classmate that is experiencing bullying**
- **Tell someone**
  - **Act**
  - **Include**
  - **Friend**
  - **Kind**
  - **Support**
  - **Respect**

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